***Circle Plan***

*Title*

*Location & Date*

**PURPOSE(S)**

**MATERIALS**

**PREPARATION** (Organization of physical space, etc.)

**WELCOME to the space of the Circle.**

**MINDFULNESS MOMENT** *Pause, breathe, and listen to the sound*.

**OPENING** See *Circle Forward* Appendix 2 or create your own.

**INTRODUCE / REVIEW “ROUNDS” & GUIDLEINES** A “round” is a pass of the talking piece around the Circle. The keeper poses a question and, as a participant, may answer first. The keeper then passes the talking piece to the person to his/her left or right. On the first round, participants are invited to say their name as well as respond to the question. Remember, it is always okay for a participant to pass.

**CHECK-IN ROUND**

**MAIN ACTIVITY**

**ROUND**

**ROUND**

**ROUND**

**ROUND**

**CLOSING** See *Circle Forward* Appendix 2 or create your own.

**Thank everyone for participating in the Circle!**