

## Why Use Restorative Practices?

**BE STRONG** is an initiative to bring Restorative Practices (RP) into the lives of every single child and youth in Lanark County schools and youth centres.

When we teach kids how to use RP in their everyday lives, we build their resilience and emotional literacy, we teach them how to communicate effectively, how to resolve conflicts peacefully and how to empathize with others.

RP build a culture of caring, decreasing the need for school discipline like suspensions and expulsions, and increasing strong, healthy relationships in the lives of our kids.



Building, Encouraging and Supporting  
Trusting Relationships On Neutral Ground

This project is an initiative of  
**Lanark County Community Justice**

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**LANARK  
COUNTY**

Lanark County Community Justice Presents...



Building, Encouraging and Supporting  
Trusting Relationships On Neutral Ground

Creating a Culture of  
Caring in Lanark County  
Schools and Youth  
Centres Through  
Restorative Practices

## WHAT:

Our project staff and highly trained volunteers work with school staff, youth centre staff, students and parents to teach a number of Restorative Practice techniques.

We work collaboratively to custom fit a response based on each school or youth centre's specific needs and wants.

We may work with your group to run a learning circle, we may help support kids at risk in your group, it really depends on your needs.

Our program can offer a big relief to your overloaded staff and is completely FREE!

## WHY:

Extensive research proves that using RP in schools leads to some great outcomes:

- Prevents bullying and school violence
- Increases personal accountability in children and youth
- Decreases behavioural problems and need for school discipline like suspensions and expulsions
- Transform school social and academic culture to one of connectedness, pride and engagement
- Reduces drop out rates
- Improves learning outcomes

## WHO:

Our project lead, Andrew Lynch, is a retired school principal who understands the value of RP to school communities. Our volunteers are highly trained, experienced with kids and from our local community.

## WHERE:

We come to you to provide hands-on support to build your internal capacity to sustain these important skills on a permanent basis.

## WHEN:

We work around your preferences to best meet your specific needs.

# Core Principles of Restorative Practices



Contact us to learn more at 613-264-1558 or [info@commjustice.org](mailto:info@commjustice.org)